



## WINTERBALL

**Winterball** is a program launched by Baseball Ontario. Baseball Canada, with the support of Baseball Ontario, has moved the program forward by delivering it across Canada. It has the support of Sport Canada, Major League Baseball (MLB), and the Toronto Blue Jays in promoting and delivering this program to your school. It is designed to attract participants to the sport of Baseball.

The primary focus of Winterball is to introduce children to the fundamental skills of baseball in a fun manner that is non-competitive and that provides a positive learning experience for all involved.

Designed for students in grades K-6 (aged 6-12 years), Winterball progresses through activities set out in nine different lesson plans. Lessons are taught in three sets (K-2, Gr. 3-4, and Gr. 5-6) to ensure students learn at an appropriate skill and ability level.

Winterball is designed to comply easily with the Ministry of Education's current curriculum to ensure quality activities that measure students' progress. The program includes complete and detailed lesson plans with warm-up activities, games introducing skill techniques, cool-down activities, as well as teaching tips, diagrams, and many other great resources.

## Goals and Objectives of the Winterball Program:

- To promote an active and healthy lifestyle to children while encouraging them to participate in sport and physical activity.
- Help increase participation in baseball locally, provincially, and nationally by introducing the sport in a fun and exciting program.
- To teach the fundamental skills of baseball, while promoting a safe and non-competitive environment that provides children with a fun sport experience that is inclusive of everyone, regardless of gender or physical ability.
- To give students the opportunity of working in a teamwork setting, teaching them the importance of working together to achieve a common goal.
- To develop a program that helps students realize individual progress on a continual basis.

## How can your school get involved with Winterball?

If you would like to become involved in the 2020 Winterball Program, Baseball Sask will have 25 Winterball Kits available across the province. This is a first come – first serve program. Each kit contains over \$200 worth of indoor friendly baseball equipment that is donated to the school free of charge. The kit includes indoor safe foam bats, indoor safe balls, batting tees, bases, Major League Baseball posters for students, and teacher support materials with full lesson plans. The only requirement for the school is that you will use the equipment to promote the sport of Baseball during your Phys Ed classes.

To register please contact Nolan Bracken at nolan@baseballsask.ca or by phone at 306-780-9222.





